



Harvest Happy Hours

CityGate Centre is welcoming the fall season by transforming the open land just south of the 2135 CityGate Lane office building into a one-of-a-kind pumpkin patch for Harvest Happy Hours on Thursday, October 14th from 4p.m. to 7p.m. The event, which is open to all, will feature a myriad of activities including complimentary hot chocolate and apple cider, appetizers, and caramel apples; live music from Michael Heaton; cooking demonstrations by SugarToad's Chef Geoff Rhyne; a fall-inspired cash bar; as well as offerings from CityGate Centre tenants: **CityGate Grille, SugarToad, Trattoria Totuccio, Hotel Arista, The Dermatology Institute | DuPage Medical Group, and Olympus Executive Fitness Center.**

Pumpkins, gourds, squash, corn shocks and straw bales will also be available for purchase, with a portion of the pumpkin sales donated to SCARCE, a non-profit organization dedicated to educating the community about conserving natural resources.

While reservations are not required, those who R.S.V.P. for the event by October 10th will receive a ticket for High Point Harvest Acres' Fall Festival hayride and corn maze, as well as a voucher for two tickets to see *Harry Potter and the Deathly Hallows* at Hollywood Palms Theater. To R.S.V.P., please call: (630) 579-4100.

In case of inclement weather, the event will be moved to CityGate Grille.

Slow Foods Dinner

On Wednesday, October 13th, join **SugarToad** food supplier, Slagel Family Farm, for a dinner to benefit Slow Food, a non-profit organization that links the pleasure of food with a commitment to supporting the community and the environment.

Louis John and Leslie Slagel, the owners of Slagel Family Farm located in Fairbury, Illinois, will be the guests of honor at the dinner featuring a family-style feast paired with beer from the local Two Brothers Brewing Company. For \$60 per person (excluding tax and gratuity), guests will enjoy platters of dishes prepared by Chef Geoff Rhyne using ingredients from Slagel Family Farm, such as fresh and naturally raised beef, pork, lamb and poultry.

The evening will also provide an opportunity to speak with the Slagels and to ask them questions about their farm. Dinner is at 6:30p.m., make reservations by calling: (630) 778-8623.

For more information on the Slagel Family Farm, visit: www.SlagelFamilyFarm.com or Slow Food, visit: www.SlowFoodChicago.org.

Stay Informed!

The CityGate Centre "...at the centre" newsletter is now available online. Click on the newsletter link at the top of the www.CityGateCentre.com homepage and keep current on all Centre events and activities.

GloPumpkin

Has the summer sun taken the glow out of your skin? Now is the perfect time to revive tired and dull summer skin and prepare a fresh face for fall with **The Dermatology Institute | DuPage Medical Group's** GloPumpkin facial treatment! The pumpkin facial treatment is a three step treatment that includes GloPumpkin enzyme scrub, pumpkin exfoliating peel and pumpkin facial mask.

The treatment starts with a gentle physical exfoliation to breakdown dull and damaged skin without irritation. Next: a light, gentle peel is applied to the skin to eliminate impurities and dead skin cells. The final step is the application of a pumpkin facial mask that is rich in antioxidants which protect and strengthen the skin. Pumpkin also has alpha-hydroxy acids that aid in softening the top layer of skin and drawing out any impurities. The treatment is the perfect way to soothe and hydrate damaged skin and achieve healthy, radiant skin.

To schedule your "seasonal special" \$65 GloPumpkin facial treatment with a clinical aesthetician, call The Dermatology Institute at: (630) 547-8040.

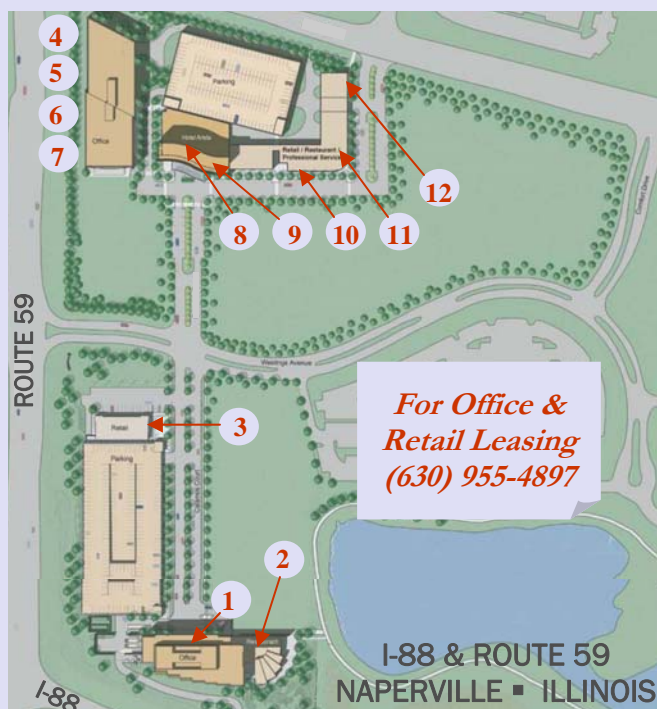
Fall Fitness

The **Olympus Executive Fitness Center** - located at 2155 CityGate Lane - is officially up and running! Featuring a variety of group exercise classes, the fall 2010 lineup includes: Barre Body Blend, Bridal Bootcamp, Golf Fitness, and Anusara Yoga. A Women's Introductory Weight Training and Zumba Fitness class also begins this fall, held Monday through Friday 9:30a.m. to 10:30a.m. - to register or for more information call: (630) 369-3991.

Olympus Executive Fitness Center is open Monday through Friday, 5:30a.m. to 9p.m. and weekend hours are also available.

Economic Forecast

Calamos Wealth Management will be co-hosting the 2011 Economic Forecast on Wednesday, October 13th at **Hotel Arista**. The annual Naperville Chamber of Commerce event is a great opportunity to hear from expert panelists on topics such as stock market volatility, recession recovery, job growth, and other factors that may impact the economy. For additional registration information, contact the Chamber at (630) 355-4141.



CityGate Centre Tenant Directory

- | | |
|----------------------------------|--|
| 1 Calamos Investments | 7 PMA Financial Network |
| 2 CityGate Grille | 8 Hotel Arista |
| 3 Leaders Bank | 9 SugarToad at Hotel Arista |
| 4 Morgan Stanley
Smith Barney | 10 Olympus Executive
Fitness Center |
| 5 Amata Office Centers | 11 The Dermatology Institute
DuPage Medical Group |
| 6 GMRI | 12 Trattoria Totuccio |

at the centre

Submissions, comments, or suggestions for *at the centre* can be directed to: thecentre@calamos.com